



Dear Parent/ Guardian,

This student has shown interest in participating in Hell & Back on the 1<sup>st</sup> of May. The event takes place in Kilruddery Estate in Wicklow. Hell and Back is Ireland's largest obstacle event as seen on Irelands Fittest Family. The organisers have opened up the estate for secondary school's right across Ireland for their first ever schools event.

The total cost of the event is **€50**. This includes transport and entry into the event. Payment can be made through the schools way2pay payment system.

**Payment must be made in full by the 5<sup>th</sup> of April**

Students are advised to bring a spare change of clothes, towel, packed lunch and some spending money as food will also be available on site. The Hell and Back 8km course is aimed to encourage students to step outside of their comfort zone, have fun and promote team building.

It is important to note that students may not be home in time for the school bus so in the case it is advised that alternative arrangements be made for collection on return from the event.

Attached is a permission slip which needs to be filled out and to allow the student to participate in the event.

Kind Regards,

Ms Breen &

Mr. Larkin