

# COLÁISTE ABBÁIN

Adamstown

Co. Wexford

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September 2019

## Re: Nut Allergy

Dear Parent(s) / Guardian(s)

It has come to our attention that some students in Coláiste Abbáin have a severe allergic reaction to peanuts/nuts. This allergic reaction (anaphylactic shock) can occur through ingestion of peanut/nut products, cross contamination and breathing peanuts in the air.

Since this condition can be life threatening, we are asking for your help in minimising the risk to these students by:

- a) Avoiding giving students peanuts/nuts in school lunches
- b) Avoiding giving peanut butter sandwiches, other spreads containing nuts such as Nutella and snacks/bars containing nuts or labelled "may contain nut traces" in school lunches
- c) Asking students **not** to share their lunches.

Due to the severity of the problem, it is important that all parents / guardians carry out the suggested measures and reduce the risk of allergic reaction to this child.

We thank you for your co-operation.

A handwritten signature in blue ink, appearing to read 'John Nolan', is written over a horizontal line. The signature is fluid and cursive.

Mr Nolan  
Principal.