

LIVE YOUR CU LIFE

WHAT NEXT?

FREE STUDENT EVENT FOR 5TH & 6TH YEAR'S
THURSDAY 23RD JANUARY

FERRYCARRIG HOTEL | 7:00 - 9:00PM



wexford
CREDIT UNION

hosted by

&



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SPEAKERS

DARREN MALONE - Vice President of the Union of Students in Ireland (Southern Region 19/20) will be discussing accommodation and avoiding scams.

Darren is a graduate of Social Care Practice from Waterford Institute of Technology. He took up the role of Vice President for Welfare in 2018/2019. During his time as Welfare Officer, Darren would have worked with hundreds of students on issues relating to accommodation, finances, mental health, and equality issues to name a few. Darren is now the Vice President for the Southern Region with the Union of Students in Ireland.



ELLEN HOGAN - internationally sought after Bio-Energy Specialist, Nutritional Therapist, Naturopath, Plant Based Chef & Motivational Speaker. She will be discussing a healthy approach to college life with practical day to day ideas and cost effective recipes.

Ellen's passion for integrative medicine began after she experienced a life threatening battle with M.E herself. Her remarkable experience has brought her all over the world to study with the best leaders in her field. Today, when not working one-on-one with her clients in her clinics in Ireland and the UK, Ellen can be seen at conferences talking about health, advocating change in the way we look at our bodies, our food, our lives, our health and our happiness.



NIALL Ó'MUIRÍ - is a retired Mental Health Nurse. As a board member of Wexford Mental Health Association, he delivers Mental Health Awareness talks and Workshops to both secondary schools and Community groups in County Wexford.

He is the author of two plays on the subject of Mental Health. A Face in the Crowd which in 2019 alone was seen by over 1000 TY students in Co Wexford. And The Glass Asylum which was recently sold out in Wexford Arts Centre and The Presentation Centre Enniscorthy And was Bunclody/Kilmyshill Drama Groups entry in the All Ireland One Act Drama Festival.



LEONARD KELLY - Career Guidance and Life Coaching will be discussing career options and back up options

Leonard has a Diploma in Adult Guidance Counselling from Maynooth University. He also has a Bachelor of Arts in Counselling and Psychotherapy as well as qualifications in Life Coach and Training and is a registered Psychometric Tester.



ALL STUDENTS IN ATTENDANCE WILL BE IN WITH A CHANCE TO
WIN AN IPHONE 11 PLUS OTHER CASH SPOT PRIZES